

## Student Volunteer Directory

### It's all about Giving Back!

The Red Cross is your online resource for volunteer and internship opportunities. Here's where you can find over 75 ways to help others in the community by contributing your valuable talents and skills as a youth volunteer. By browsing or searching our comprehensive database, you can find a volunteering or internship position that is just right for you.

#### AIDS Rochester, Inc.

<b>Address:</b>	1350 University Avenue Rochester, NY 14607
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585)442-2220
<b>Contact:</b>	Marcia Falmaro
<b>URL:</b>	<a href="http://www.aidsrochester.org">http://www.aidsrochester.org</a>
<b>Mission:</b>	AIDS Rochester, Inc. leads a compassionate community effort within the eight county Finger Lakes region. Providing a continuum of programs and services including education, prevention, advocacy and support services for people affected by HIV/AIDS
<b>Duties:</b>	Vary based on availability and include clerical, data entry, food service, and recreation activities.
<b>Days Needed:</b>	Varies
<b>Hours Needed:</b>	Mornings and Afternoons
<b>Age Required:</b>	16 and Up
<b>Additional Information:</b>	Group projects available, maximum size of 10 people

#### American Diabetes Association

<b>Address:</b>	20 Ramona Street Rochester, NY 14613
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 458-3040 ext. 3473
<b>Contact:</b>	Kristine Flannery, Market Manager
<b>URL:</b>	<a href="http://www.diabetes.org">http://www.diabetes.org</a>
<b>Mission:</b>	To prevent and cure diabetes and to improve the lives of all people affected by diabetes.
<b>Duties:</b>	Counselor-in-training for Camp Rainbow, work with children with diabetes ages 3 - 10 years in a day camp setting; assist with planning. Office Assistant will do various tasks to include data entry, filing, bulk mail, etc.
<b>Days Needed:</b>	flexible
<b>Hours Needed:</b>	Mornings and afternoons
<b>Age Required:</b>	15 and up

#### American Heart Association

<b>Address:</b>	2113 Chili Avenue Rochester, NY 14624
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 426-4050
<b>Contact:</b>	Susan Wood
<b>URL:</b>	<a href="http://heart.org">heart.org</a>
<b>Mission:</b>	To reduce disability and death due to cardiovascular disease and stroke.
<b>Duties:</b>	Assist with special events.
<b>Days Needed:</b>	During Summer
<b>Hours Needed:</b>	8:30 am - 4:30 pm
<b>Age Required:</b>	14 - 18

#### American Red Cross

<b>Address:</b>	50 Prince Street Rochester, NY 14607
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 241-4487 or 241-4490
<b>Contact:</b>	Office of Volunteer Development
<b>URL:</b>	<a href="http://www.rochesterredcross.org">http://www.rochesterredcross.org</a>
<b>Mission:</b>	A volunteer-driven organization dedicated to preventing, preparing for and responding to personal, community and other emergencies, serving Rochester-Monroe County and West Ontario County region.
<b>Duties:</b>	Assist with filing, light typing, data entry, copying. Assist nursing staff as a Blood Drive Volunteer on community blood drives with duties relating to donor registration, and assisting with refreshments for donors. Assist with class set-ups and with the inventory and cleaning of manikins. Special Events and Projects.
<b>Days Needed:</b>	Week Days
<b>Hours Needed:</b>	varies
<b>Age Required:</b>	13+; 16+ for blood drive volunteer
<b>Additional Information:</b>	Group projects available

### Arts & Cultural Council

<b>Address:</b>	277 North Goodman Street Rochester, NY 14607
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 473-4000 ext. 204
<b>Contact:</b>	Janis Castrogiovanni, Finance & Systems Director
<b>URL:</b>	<a href="http://www.artsrochester.org">http://www.artsrochester.org</a>
<b>Mission:</b>	To develop, promote and strengthen the cultural industry for the benefit of the people of the Rochester region.
<b>Duties:</b>	Staff Assistants - includes a variety of tasks depending on skills. Tasks include writing, organization, systems analysis and correspondence.
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	Mornings or afternoons
<b>Age Required:</b>	College Students Only

### Association For The Blind And Visually Impaired - Goodwill Industries

<b>Address:</b>	422 South Clinton Avenue Rochester, NY 14620
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 232-1111
<b>Contact:</b>	Alicia Velasco
<b>Mission:</b>	To assist individuals who are blind or visually impaired to achieve their highest level of independence in all aspects of their lives.
<b>Duties:</b>	Do you want to help in your community? Do you like to drive, read or shop? Are you in need of some volunteer hours for a school course? Look no further because ABVI-Goodwill has some opportunities just for you!  We also have retail opportunities at any of our Goodwill store locations: Greece, Henrietta, Downtown, Webster, Penfield or Gates. Visit our website at <a href="http://www.abvi-goodwill.org">www.abvi-goodwill.org</a> to download a PDF version of our application or call the Volunteer Coordinator at (585) 232-1111 for more details.  One time, short term and high school internships are available. Please call for more details.
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	8:00 am to 4:30 pm (retail hours may vary)
<b>Age Required:</b>	15 and up
<b>Additional Information:</b>	Group projects available, maximum size of 15 people

### Big Brothers and Big Sisters/ Community Partners for Youth

<b>Address:</b>	232 S Plymouth Ave Rochester, NY 14620
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<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 442-2250
<b>Contact:</b>	Andrea Brown
<b>URL:</b>	<a href="http://bbbsr.org">http://bbbsr.org</a>
<b>Mission:</b>	To match youths, age 6 to 16, with trained, screened and qualified adult mentors who provide positive guidance and skills necessary to succeed in life by making healthy choices.
<b>Duties:</b>	Some light typing, data entry, and filing available for those with Microsoft Word experience. Assist during special events activities throughout the year on an as needed basis. Activities include set-up for bowling and golf, face painting, serving refreshments, etc
<b>Days Needed:</b>	Any weekday, special events may be evening or week
<b>Hours Needed:</b>	12:30 pm-5:00 pm; 9:00 am-5:00 pm
<b>Age Required:</b>	18 and up
<b>Additional Information:</b>	Group projects available, maximum size of 10 people.

### Birthright of Rochester, Inc.

<b>Address:</b>	P.O. Box 18473 Rochester, NY 14618
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 385-2100
<b>Contact:</b>	Joan Rohr
<b>URL:</b>	<a href="http://www.birthright.org">www.birthright.org</a>
<b>Mission:</b>	To provide alternatives to abortion in a non-judgmental environment and support services for pregnant women.
<b>Duties:</b>	Work on various office projects dealing with client data (confidential), client related reading materials, clothing. Short term/one time opportunities available. Receptionist/Clerical Answer telephone, make appointments, greet clients, clerical jobs, computer data entry.
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	Mornings and afternoons
<b>Age Required:</b>	16 and up

### Boys And Girls Club of Rochester

<b>Address:</b>	500 Genesee Street Rochester, NY 14611
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 328-3077x111
<b>Contact:</b>	Cathy Watson
<b>URL:</b>	<a href="http://www.bgc.org">www.bgc.org</a>
<b>Mission:</b>	To provide quality Programs/Services to Youth up to age 18 which assist them to achieve their potential.
<b>Duties:</b>	Tutor/Homework Helpers - assist the Education Director with the implementation of academic support programs. (Homework Help, Tutoring, 24 Math Challenge)
<b>Days Needed:</b>	Monday-Friday
<b>Hours Needed:</b>	Afternoons and Evenings
<b>Age Required:</b>	College Students 18 and up, High School Students

### Brockport Child Care Center, Inc.

<b>Address:</b>	Cooper Hall, SUNY Brockport Brockport, NY 14420
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 395-2284
<b>Contact:</b>	Jennifer Frisch
<b>URL:</b>	<a href="http://www.brockportedu/bccc.com">www.brockportedu/bccc.com</a>
<b>Mission:</b>	Child care for children 8 weeks to 12 years.

<b>Duties:</b>	Assist group teacher in daily care and associated activities of young children. Ability to relate in a constructive, loving manner
<b>Days Needed:</b>	Weekdays
<b>Hours Needed:</b>	7:30 am - 12:30 pm or 2:30 pm - 5:30 pm
<b>Age Required:</b>	16 and up

### Cameron Community Opportunities

<b>Address:</b>	48 Cameron Street Rochester, NY 14606
<b>URL:</b>	<a href="http://members.aol.com/rochrgn/cameron.htm">http://members.aol.com/rochrgn/cameron.htm</a>
<b>Duties:</b>	Tutor/Mentor: Help children (1st - 9th) with their homework in an after school setting; Assist in learning games and activities.  Computer Assistant: Assist children with computer use in an after school program; monitor online use; some troubleshooting. Computer skills would definitely be a plus.  Assistant Youth Worker, summer: Help design and implement a summer program for children 6-10. Assist in leadership training.

### Camp Good Days And Special Times

<b>Address:</b>	1332 Pittsford Mendon Road Mendon, NY 14506
<b>Access:</b>	Handicapped Accessible
<b>Phone:</b>	(585) 624-5555
<b>Contact:</b>	Shannon Grieve
<b>URL:</b>	<a href="http://www.campgooddays.org">http://www.campgooddays.org</a>
<b>Mission:</b>	To improve the quality of life for children and their families touched by cancer, HIV/AIDS, sickle cell anemia or violence.
<b>Duties:</b>	Volunteers needed for camp activities, fund-raising projects and other programs. Groups invited to propose and implement community projects. Basic office work, including errands, cleaning, mailings, filing, and phone work also available. Service Learning Internship - for students involved in Participation in Government Service Learning Internship; a variety of careers are available to be explored/shadowed. Short term/one time opportunities available.
<b>Days Needed:</b>	Monday through Friday, some weekends
<b>Hours Needed:</b>	Mornings and afternoons
<b>Age Required:</b>	16 and up
<b>Additional Information:</b>	Group projects available, maximum size of 10 people

### Career Development Services

<b>Address:</b>	706 East Avenue Rochester, NY 14607
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 424-0750
<b>Contact:</b>	Volunteer Coordinator
<b>URL:</b>	<a href="http://www.careerdev.org">http://www.careerdev.org</a>
<b>Mission:</b>	Educational organization that seeks to improve the quality of work by providing comprehensive career-planning services to individuals and corporations.
<b>Duties:</b>	Assist staff with public relations, computing, marketing, and library assistance
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	Mornings, afternoons and evenings
<b>Age Required:</b>	College Students Only

### Catholic Family Center

<b>Address:</b>	Sibley Tower - Seventh Floor 25 Franklin Street Rochester, NY 14604
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<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 262-7044
<b>Contact:</b>	Danielle Lazarro
<b>URL:</b>	<a href="http://www.cfcrochester.org">http://www.cfcrochester.org</a>
<b>Mission:</b>	To empower individuals and families and uphold personal dignity by working to eliminate obstacles that impede people from reaching their full potential.
<b>Duties:</b>	Clerical Floater/ Assistant - support departments with computer work, receptionist back up, clerical duties, data entry, mailings. Tutor - tutor high school students in all subject areas for participants in the CYO program. Homeless and Housing Department Tutor - teach clients computer skills. Program Evaluator - collects and maintains member and staff data for evaluative purposes in the Recovery Place Program. Workshop Leader - develops and executes plan for workshops. Advocacy Worker - conducts research of social policy issues, trains parishes and community groups on advocacy methods and assists in coordination of advocacy events. Grocery Assistant - assist with the acquisition, transport and storage of groceries from Foodlink to Women's Place. Children's Activity Facilitator - Organize and conduct children's activity (homework, crafts, games, etc.) at a Catholic Family Center residence.
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	Mornings and afternoons
<b>Age Required:</b>	16 and up
<b>Additional Information:</b>	Group projects available, maximum size of 6 people

### Cerebral Palsy Association of the Rochester Area, Inc.

<b>Address:</b>	3399 Winton Road South Rochester, NY 14623
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 334-6000 ext. 321
<b>Contact:</b>	Tina Bennett/Volunteer Coordinator
<b>URL:</b>	<a href="http://www.cprochester.org">www.cprochester.org</a>
<b>Mission:</b>	To support persons with Cerebral Palsy or similar challenges, and their families, in setting and accomplishing personal life goals.
<b>Duties:</b>	Recreational swim and classroom volunteers are needed for integrated pre-school program (school year and summer) and a community recreation swimming program on Saturdays during Fall and Winter months. There are three six week horseback riding programs throughout the year, special events and office work.
<b>Days Needed:</b>	Monday - Sunday
<b>Hours Needed:</b>	Evenings and weekends
<b>Age Required:</b>	13 and up

### Compeer, Inc.

<b>Address:</b>	259 Monroe Avenue Rochester, NY 14607
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 546-8280 (TTY) 546-7959
<b>Contact:</b>	Coordinator of Volunteers or Youth Services Coordinator
<b>URL:</b>	<a href="http://www.rochester.compeer.org">www.rochester.compeer.org</a>
<b>Mission:</b>	To help adults and children diagnosed with a mental illness live happier more productive lives.
<b>Duties:</b>	Assist office staff with clerical activities including filing, collating and assembling bulk mailings, answering phones, developing graphics, client enrichment programs. Compeer Volunteer - support staff activities, such as evaluations, surveys, recruitment and client enrichment. Short term/one time opportunities available. Over 18 yrs of age may be considered for a mentor position.
<b>Days Needed:</b>	Any weekday, some weekends
<b>Hours Needed:</b>	Dependent on duties
<b>Age Required:</b>	High School & College Students
<b>Additional Information:</b>	Group projects available, maximum is 15 people

### Continuing Developmental Services, Inc.

<b>Address:</b>	71 Perinton Parkway Fairport, NY 14450
<b>Phone:</b>	341-4600
<b>Contact:</b>	Stephanie DiMaria- Buchbinder
<b>Mission:</b>	To provide quality services to individuals with developmental disabilities that promote independence, inclusion, and productivity.
<b>Duties:</b>	Mealtime/Lunch Asst. - assist with meal preparation and serving (Site/Day/Time: WDTP & PDTP - Mon-Fri, 11:00AM-12:30PM); Gardening/Landscaping - pull weeds, plant flowers (Site/Day/Time: Any site, Mon-Fri, 8:00AM-4:00PM, some weekends); Activities Volunteer - assist with arts and craft projects (Site/Day/Time:WDTP Mon-Fri 1:00PM-2:00PM, PDTP Mon-Fri 9:30AM-10:45PM and/or 12:30PM-2:00PM, Residential homes - Mon-Fri evenings and weekends); Painting - volunteer to paint a room at one of our facilities (Site/Day/Time: Any site, Mon-Fri, 8:00AM-5:00PM); Administration Volunteer - assist the Public Relations Department with coordinating special events, mass mailings, newsletters, clerical work, etc. (Site/Day/Time: Any site, Mon. - Fri, 8:00AM-5:00PM); Job Club Assistant - assist with training individuals on job skills, resume writing, interview skills etc. (Site/Day/Time: CDS, Inc./Unistel Blossom Rd., Mon-Fri dates and times vary); Share your musical talents - play your favorite musical instrument and/or coordinate music concerts (Site/Day/Time: Residential homes, Mon-Fri evenings, PDTP-Mon, Wed & Fri, 9:30AM-11:30AM and/or 12:30PM-2:00PM);Storyteller-share your favorite stories by reading storybooks during story-time (Site/Day/Time: WDTP Mon, Wed & Fri, 1:00PM-2:00PM, PDTP 9:00AM-11:00AM and/or 12:30PM-2:00PM, Residential homes, Mon-Fri evenings and weekends);Outing Assistant - assist with outings during the weekday, weekend and/or evenings (Site/Day/Time: PDTP Mon-Fri, 9:30AM-11:30AM and/or 11:30AM-1:30PM, Residential homes Mon-Fri evenings and weekends); Cosmetology-assist with make-up, nailcare and hair care (Site/Day/Time:PDTP Mon-Fri, 9:30AM-11:00AM and/or 12:30PM-2:00PM);Physical Fitness Instructor-assist with low impact movement groups and/or sports (Site/Day/Time:Any site, Mon-Fri, times vary);Student Intern-Human Services, Human Resources, and Public Relations);Companion-accompany individuals to the movies, church, special events, dinner, etc.(Site/Day/Time:Residential homes,day and time will vary depending on activities planned for resident); Special Olympics Assistant/Coach-attend practices, scheduled event times (mostly days early evening).
<b>Days Needed:</b>	Friday and Saturday
<b>Hours Needed:</b>	Afternoons and evenings
<b>Age Required:</b>	13 and up

### Crestwood Children's Center

<b>Address:</b>	2075 Scottsville Road Rochester, NY 14623
<b>Access:</b>	Handicapped Accessible
<b>Phone:</b>	(585) 654-1310
<b>Contact:</b>	Donald Gordon
<b>Mission:</b>	Crestwood Children's Center is a not-for-profit community mental health center serving children from birth through 21 years of age. It is the mission of Crestwood Children's Center to provide comprehensive mental health services to culturally diverse children and adolescents who have serious emotional, behavioral or mental disorders and to provide these services in partnership with their families.
<b>Duties:</b>	Clerical volunteer- assists with preparation of program materials, photocopying, and data entry. Gardening volunteer - assist staff with weeding, raking, and maintaining flower beds. One-to-One Volunteer - be a visiting companion, friend to an emotionally disturbed child in either Day Treatment or Residential.
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	Flexible, Afternoons
<b>Age Required:</b>	16 and up
<b>Additional Information:</b>	Group projects available, maximum size of 100 people

### Crossroads Youth Center

<b>Address:</b>	318 Stony Point Road Rochester, NY 14624
<b>Phone:</b>	(585) 594-1601
<b>Contact:</b>	Dan Gilmore
<b>Mission:</b>	To teach skills necessary to transform negative social pressure into positive moral living and character building.
<b>Duties:</b>	Building maintenance and cleaning, tutoring and counseling of teens. Short term/one time opportunities available.

**Days Needed:** Tuesday - Saturday  
**Hours Needed:** Afternoons  
**Age Required:** 12 - 18

### Department of Environmental Services

**Address:** Monroe County City Place  
50 West Main Street  
Rochester, NY 14614

**Access:** On Bus Line

**Phone:** (585) 760-7610 ext.7008

**Contact:** Education Representative

**Mission:** Continue efforts of education regarding solid waste and recycling information and programs.

**Duties:** Outreach to the community at a variety of events - short term/one time opportunities i.e. fairs, art and music festivals, parks, community events by passing out information to interested residents and businesses.

**Days Needed:** Varies, primarily weekends

**Hours Needed:** Varies

**Age Required:** 16 and up

### East House

**Address:** 1701 Lac De Ville Boulevard  
Rochester, NY 14618

**Access:** On Bus Line

**Phone:** (585) 256-3800

**Contact:** Debbie Bleier  
**URL:** [www.easthousecorp.org](http://www.easthousecorp.org)

**Mission:** To improve the quality of life of individuals who are recovering from mental illness, substance abuse or other disabling conditions.

**Duties:** Residential Companion/Tutor - assist office staff and clients by providing friendship and role modeling. A supportive friendship which will encourage positive community living skills, communication skills, self esteem and interpersonal trust. Adult Basic Education Tutor - provide tutoring for students to help improve literacy skills, to prepare for college, or to prepare to take the GED exam.

**Days Needed:** Varies

**Hours Needed:** Flexible

**Age Required:** College Students Only

### Episcopal Church Home

**Address:** 505 Mt. Hope Avenue  
Rochester, NY 14620

**Access:** Located on a busline, handicapped accessible

**Phone:** 585-546-8439 ext. 3136

**Contact:** Keri Cuyler - Director of Training and Volunteer Services  
**URL:** [kcuyler@episcopalseniorlife.org](mailto:kcuyler@episcopalseniorlife.org)

**Mission:** A not-for-profit based system of health care, residential and community based services for elderly. Our priority is to provide excellent, individual care with dignity and respect to those we serve within a culture of Christian values.

**Duties:** Bingo Caller/Assistant  
Community Assistant - help escort residents to appointments, deliver mail, visit w/ residents.  
Trip Assistant - assist residents on trips in community.  
Grounds Assistant - Clean up of grounds.  
Friendly Visitor - visit with residents.  
Library Cart Assistance - take library cart to residents' rooms who like to read books.  
Meal Helper - assist nursing and food service staff w/ serving meals to residents. Light clean-up included.  
Receptionist Assistant - M - F - 11 am to 1 pm - assist lobby receptionist with answer phones, greeting visitors, sorting mail, etc.  
Resident Escort - Escort residents to in-house medical, hairdresser, barber appointments and recreation activities.  
Tip Top Shoppe Clerk - assist at in-house shop.  
Pastoral Care Opportunities - ushering at in-house chapel, lead group in recitation of the rosary, read scriptures at in-house services, play the piano at services, etc.

**Days Needed:** Depends on opportunity

**Hours Needed:** Depends on opportunity

**Age Required:** 14 and older

### Finger Lakes DDSO

**Address:** 620 Westfall Road  
Rochester, NY 14620

**Access:** On Bus Line

**Phone:** (585) 461-8672

**Contact:** Meribeth Schnell

**URL:** [http://www.omr.state.ny.us/ws\\_fingerlakes\\_resources.jsp](http://www.omr.state.ny.us/ws_fingerlakes_resources.jsp)

**Mission:** To provide a variety of services for individuals with developmental disabilities.

**Duties:** To assist staff at recreational activities, assist teachers at a continuing education program held at Edison Tech., clerical support and data entry. One time and short term projects available for groups. Opportunities available at several sites in Monroe County

**Days Needed:** Monday - Friday

**Hours Needed:** Mornings, afternoons and evenings

**Age Required:** 14 and up

### Flower City Soccer League

**Address:** Varied City locations  
Rochester, NY

**Access:** many sites accessible by bus

**Phone:** 585-889-4840 ext 127

**Contact:** Jason Perry

**URL:** [www.flowercitysoccerleague.com](http://www.flowercitysoccerleague.com)

**Mission:** Provide recreational opportunities for City youth ages 6-17. Teach basics of soccer, team play, sportsmanship. Give youth positive activities and opportunity to develop athletic skills.

**Duties:** Teach soccer basics. Coach an age level team. Attend training sessions, practices and games.

**Days Needed:** Evenings and weekends as scheduled

**Hours Needed:** Evenings and weekend days

**Age Required:** Must be at least 18 years old

### Foodlink, Inc.

**Address:** 936 Exchange Street  
Rochester, NY 14608

**Access:** On Bus Line, Handicapped Accessible

**Phone:** (585) 328-3380

**Contact:** John Veldanza

**URL:** <http://www.foodlinkny.org>

**Mission:** A non-profit clearinghouse established to reduce hunger by providing food, resources, nutrition information and education to charitable organizations, individuals and communities.

**Duties:** Warehouse Assistant - work in the warehouse doing a variety of needed tasks, such as food sorting, shelving, customer service, repairing damaged products.

**Days Needed:** M-S

**Hours Needed:** Mornings, afternoons, early evenings

**Additional Information:** Group projects available, maximum size of 40 people

### Friends of Strong Memorial Hospital

**Address:** 601 Elmwood Avenue  
P.O. Box 660  
Rochester, NY 14642

**Access:** On Bus Line, Handicapped Accessible

**Phone:** (585) 275-2420

<b>Contact:</b>	Jane Walsh, Volunteer Coordinator
<b>URL:</b>	<a href="http://www.stronghealth.com/about/fos/index.cfm">http://www.stronghealth.com/about/fos/index.cfm</a>
<b>Mission:</b>	To provide services to patients, families and visitors; promoting the hospital in the community and raising money to support patient care needs.
<b>Duties:</b>	Work with Child Life staff in Pediatrics. Assist in transporting patients, delivering flowers. Run cash register and stock merchandise in Gift Shop and Thrift Shop. Clerical support such as filing, copying, data entry, faxing, phone contact, etc. Assist post office staff. Work at the information desk in the main lobby.
<b>Days Needed:</b>	Monday through Friday
<b>Hours Needed:</b>	3 - 4 hour block
<b>Age Required:</b>	14 - 18

### Gates Public Library

<b>Address:</b>	1605 Buffalo Road Rochester, NY 14624
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 247-6446
<b>Contact:</b>	Heidi Jung
<b>URL:</b>	<a href="http://www.gateslibrary.org/friends/friends.php">http://www.gateslibrary.org/friends/friends.php</a>
<b>Mission:</b>	To serve the informational needs of the community.
<b>Duties:</b>	Preparing displays and bulletin boards; helping with book sales and parties; participating in community events
<b>Days Needed:</b>	2nd Tuesday of the month or as arranged
<b>Hours Needed:</b>	4:00 pm - 5:30 pm or as arranged
<b>Age Required:</b>	9 - 16

### George Eastman House

<b>Address:</b>	900 East Avenue Rochester, NY 14607
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 271-3361 ext. 232
<b>Contact:</b>	Roxana Wolfe
<b>URL:</b>	<a href="http://www.eastmanhouse.org">www.eastmanhouse.org</a>
<b>Mission:</b>	To educate the public on photography, film and the history of George Eastman and his accomplishments.
<b>Duties:</b>	Opportunities will vary depending on projects available
<b>Days Needed:</b>	Monday - Friday
<b>Age Required:</b>	16 and up

### Girl Scouts of Western New York

<b>Address:</b>	1020 John St. W. Henrietta, NY 14586
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 292-5160 or 1-888-837-6410
<b>Contact:</b>	Dan Watt or Joan Sormoso
<b>URL:</b>	<a href="http://www.gswny.org">www.gswny.org</a>
<b>Mission:</b>	Provides, through volunteer leadership, enriching opportunities for girls, ages 5 - 17, to develop to their fullest potential.
<b>Duties:</b>	Volunteers assist Summer Program staff with arts and crafts, games and sporting activities. Assist staff with annual clean-up of Council properties in preparation for summer camp. Assist staff with copying, sorting, filing, mailings, collating, etc. Serve on planning committee and/or assist at special events with check-in, errands, food service, guide, clean-up, program assistant, etc. Provide child care during Council sponsored adult education sessions and Day camp sessions.
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	9:00 am - 3:00 pm, hours may vary

### Hillside Children's Center/Hillside Work Scholarship Connection

<b>Address:</b>	1337 E. Main St.
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	Rochester, NY 14609
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 654-1310
<b>Contact:</b>	Marie Gullo Interim Coordinator
<b>URL:</b>	<a href="http://www.hillside.com">http://www.hillside.com</a>
<b>Mission:</b>	Hillside is a group of affiliates that offer services for at-risk, emotionally disturbed, and mentally ill youth and their families.
<b>Duties:</b>	Volunteers participate in regularly scheduled activities. Help with recreation and school programs. Friends of Hillside participate in special events. Tutor students as a part of the Hillside Work Scholarship Connection. Administrative Assistant supports on-going administrative functions in offices and libraries. Short term/one time opportunities available.
<b>Days Needed:</b>	Flexible
<b>Hours Needed:</b>	Flexible
<b>Age Required:</b>	College Students only

### Irondequoit Parks and Recreation

<b>Address:</b>	1280 Titus Avenue Rochester, NY 14617
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 336-6070
<b>Contact:</b>	Cathy Semrau
<b>URL:</b>	<a href="http://www.irondequoit.org">http://www.irondequoit.org</a>
<b>Mission:</b>	To provide quality leisure activities for school-aged children, adults and senior citizens living in the Irondequoit community.
<b>Duties:</b>	Assist with children's swim program in locker room and pool area (at Irondequoit High School, 260 Cooper Road and Eastridge High School, 2350 E. Ridge Road)
<b>Days Needed:</b>	Saturdays four seasons a year.
<b>Hours Needed:</b>	Mornings, afternoons
<b>Age Required:</b>	11 and up (swimmers), 13 and up for Day Camp/Playground Jr. Counselors

### Jefferson Avenue Childhood Development Center

<b>Address:</b>	793 Jefferson Avenue Rochester, NY 14611
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 436-0454
<b>Contact:</b>	Furnessa Mangrum
<b>URL:</b>	<a href="http://jacdc.org/">http://jacdc.org/</a>
<b>Mission:</b>	To provide quality programs for children 18 months to 12 years old.
<b>Duties:</b>	Assist teachers with daily activities and occasional outdoor activities. Must be patient, caring, interested in children, alert and physically active. Short term/one time opportunities available.
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	Mornings, afternoons, and evenings
<b>Age Required:</b>	College Students only

### Jewish Home Of Rochester

<b>Address:</b>	2021 Winton Road South Rochester, NY 14618
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 427-7760 ext. 118
<b>Contact:</b>	Susan Stein
<b>URL:</b>	<a href="http://www.jewishseniorlife.org/affiliates/jewishhome.aspx">http://www.jewishseniorlife.org/affiliates/jewishhome.aspx</a>
<b>Mission:</b>	Improve the health, well being and quality of life of our Jewish Community's elderly as well as that of our general community's being mindful of the values implicit in our Jewish heritage.
<b>Duties:</b>	Assist in a variety of ways including helping wheel-chair bound individuals, helping in art, or baking classes,

leading discussion groups or friendly visiting. Also opportunities to help serve in the resident cafe, to help run bingo games, to help run programs on and off the resident units, and to accompany residents on shopping trips and other fun outings. Other opportunities are available to work with seniors

**Days Needed:** Mornings, afternoons, and evenings

**Hours Needed:** All day

**Age Required:** 14 and up

### Kids Adjusting Through Support, Inc.

**Address:** 1332 Pittsford Mendon Road  
Mendon, NY 14506

**Access:** On Bus Line, Handicapped Accessible

**Phone:** (585)624-5555 or 1-800-785-2135

**Contact:** Stephanie D'Amico- Constantino

**URL:** [www.campgooddays.org/kats.htm](http://www.campgooddays.org/kats.htm)

**Mission:** To help children and their families cope with serious illness or death by providing group support.

**Duties:** Co-lead children's group for eight weeks in fall and spring, and four weeks in summer. Provide office support: typing, filing, answering telephones, etc. Be an Assistant Co-leader for the KATS Klub, which is a recreational social support group where volunteers help with craft activities and play games with the children. Be a Recreation leader in the KATS Klub where you will supervise and play with children in crafts and games; may also supervise a homework room.

**Days Needed:** Week nights

**Hours Needed:** Evenings

**Age Required:** 17 and up

**Additional Information:** Group projects available, maximum size of 12 people

### Lifespan

**Address:** 1900 S. Clinton Ave  
25 Franklin Street  
Rochester, NY 14618

**Phone:** (585) 244-8400

**Contact:** Nan Watt

**URL:** [www.lifespan-roch.org](http://www.lifespan-roch.org)

**Mission:** A community agency dedicated to serving those in the second half of life. Our mission focuses on enriching and enhancing the quality of life of older persons through direct service and self-help opportunities and participating in research and advocacy.

**Duties:** Assist elderly and disabled shoppers while being transported to and from WEGMANS and while shopping. Volunteers must ride Medical Motors vehicle and/or RTS bus to and from senior and subsidized housing communities throughout Monroe County. Assist those in need with locating items in the store, reaching items on shelves and putting items in the grocery cart. Volunteers will assist elders and disabled by loading and unloading bundles into vehicles and escorting those in need to door of their home.

**Days Needed:** Tuesday, Wednesday or Thursday

**Hours Needed:** 9 am -1 pm, some afternoons

**Age Required:** 18+

**Additional Information:** Required training includes age sensitivity, communication skills, safety and orientation to services of LIFESPAN.

### Mercy Residential Services

**Address:** Melita /McAuley/Judith House  
198 Oriole Street  
Rochester, NY 14613

**Access:** On Bus Line

**Phone:** (585) 254-2175

**Contact:** Betsy Weber

**URL:** [http://www.rsmrochester.org/mercy\\_residential\\_services.htm](http://www.rsmrochester.org/mercy_residential_services.htm)

**Mission:** Offers residential and an aftercare program for pregnant and parenting women and their children.

**Duties:** Answer phone and door, assist with some clerical work, organization of donations. Short term/one time

opportunities available.

**Days Needed:** Sunday-Saturday

**Hours Needed:** Morning, afternoons, and evenings

**Age Required:** 16 and up

## Monroe Community Hospital

**Address:** 435 East Henrietta Road  
Rochester, NY 14620

**Access:** On Bus Line

**Phone:** (585) 760-6151

**Contact:** Barbra Defourtunado  
**URL:** [www.monroehosp.org](http://www.monroehosp.org)

**Mission:** MCH is a health care organization that provides specialized, long-term care for most medically complex cases, serving as a unique and vital part of the health care system.

**Duties:** Assist residents in wheelchairs to activities (picnics, bingo, etc.), and help with outings and trips in vans. Also assist residents to worship services, Bible study and a variety of activities held throughout the facility. Volunteers needed to play organ for Sunday services, feed patients needing assistance; assist with Red Cross craft group; assist in gift shop, hair salon and special events. Assist with Transporting Residents.

**Days Needed:** Monday through Sunday

**Hours Needed:** Mornings and afternoons, depending on assignment

## Muscular Dystrophy Association

**Address:** 1425 Jefferson Road  
Rochester, NY 14623

**Access:** On Bus Line, Handicapped Accessible

**Phone:** (585) 424-6560

**Contact:** Parvati Dundee  
**URL:** [rochester@mdausa.org](mailto:rochester@mdausa.org)

**Mission:** MDA is a volunteer health agency working to defeat 43 neuromuscular diseases through programs of worldwide research, comprehensive services, and far reaching professional and public health education.

**Duties:** Camp Counselor - work one-on-one with children that have neuromuscular disease, assist campers with their physical needs as well as becoming a friend and peer to the child, build self esteem through goal setting and accomplishment and positive reinforcement. Office Assistant - helps coordinate local fundraising programs, extensive phone work following up with local sponsors, assists with mailings and general office work. Short term/one time opportunities available. High school internships available.

**Days Needed:** June 27 - July 3, 2009

**Hours Needed:** Length of the camp session

**Age Required:** 16 and up

## National Kidney Foundation Of Upstate New York

**Address:** 3300 Monroe Avenue Suite 100 D  
Rochester, NY 14618

**Access:** On Bus Line, Handicapped Accessible

**Phone:** (585) 697-0874

**Contact:** Rosa M. Lloyd  
**URL:** <http://www.kidney.org/site/index.cfm?ch=109>

**Mission:** The National Kidney Foundation is dedicated to preventing kidney and urinary tract diseases, improving the health and well-being of individuals and families affected by these diseases and increasing the availability of organs for transplantation.

**Duties:** Assist with health fairs, organ donor education, and help with special events that may be short term/one time opportunities. Assist as a Marketing/Public Relations Analyst who will gather, analyze and present findings on current programs, events for the National Kidney Foundation. High school internships available.

**Days Needed:** Monday through Friday, some weekends.

**Hours Needed:** Flexible, 9:00 am - 5:00 pm

**Age Required:** 14 and up

### Nineteenth Ward Community Association

**Address:** 216 Thurston Road  
Rochester, NY 14619

**Access:** On Bus Line, Handicapped Accessible

**Phone:** (585) 328-6571

**Contact:** Ann Robinson, Office Manager

**URL:** <http://www.19wca.org/>

**Mission:** To create a conscious multi-racial community where individual and cultural differences are not only tolerated, but celebrated, and where people share a sense of community.

**Duties:** Gardening and graffiti removal, clerical support, helping seniors with housework and yard work. Short term/one time opportunities available.

**Days Needed:** Flexible

**Hours Needed:** Saturdays, mornings and afternoons

**Age Required:** 12 - 18

**Additional Information:** Group projects available, maximum size of 15 people

### Northeast Area Development, INC. (NEAD)

**Address:** 360 Webster Ave.  
Rochester, NY 14609

**Access:** On Bus Line

**Phone:** (585) 224-2863

**Contact:** George Moses

**URL:** <http://www.nead.cc/blockneighborhood/Beechwood.htm>

**Mission:** Neighborhood development, community activities, drug prevention, crime prevention, housing and more.

**Duties:** NEAD is very interested in utilizing teens' ideas and help. Volunteers assist with special events planning, such as beautification, festivals; graffiti clean-up, housing rehabilitation, or general maintenance. Volunteers may also assist staff with copying, collating, mailings, distributing flyers, phone calling responsibilities (dependent on individual skills and motivation). Volunteers also needed to assist with surveys and to assist with the new tool and resource library.

**Days Needed:** Any weekday

**Hours Needed:** 8:30 am - 5:00 pm, or as arranged

**Age Required:** 14 and up

### Perinton Recreation and Parks Department

**Address:** 1350 Turk Hill Road  
Fairport, NY 14450

**Phone:** (585) 223-5050

**Contact:** Debbie Ellis

**URL:** <http://www.perinton.org>

**Mission:** To provide leisure activities for the residents of Perinton.

**Duties:** Assist with daily activities at playgrounds located in various Perinton parks during the summer. Assist with children with disabilities in an activities program held on Saturday afternoons during the school year. Short term/one time opportunities available.

**Days Needed:** Weekdays during the summer

**Hours Needed:** Mornings and afternoons

**Age Required:** 14-18

### Pittsford Volunteer Ambulance

**Address:** P.O. Box 122  
Pittsford, NY 14534

**Phone:** 585-385-2401

**Contact:** David Gram, President

<b>URL:</b>	<a href="http://www.pittsfordambulance.org/">http://www.pittsfordambulance.org/</a>
<b>Mission:</b>	To provide emergency medical care to the residents of Pittsford and its surrounding communities
<b>Duties:</b>	Dispatcher - provide communication between 911 and ambulance. Driver - safely drive ambulance to/from emergency. Medic - provide emergency care to patient (must be New York State Certified EMT).
<b>Days Needed:</b>	Any
<b>Hours Needed:</b>	Mornings, afternoons and evenings
<b>Age Required:</b>	16 and up

### Presbyterian Residence Center Corp.

<b>Address:</b>	DBA Valley Manor Apartments 1570 East Avenue Rochester, NY 14610
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 256-4312
<b>Contact:</b>	Recruitment/Benefits Manager
<b>Mission:</b>	Accommodations and support services of the highest quality to enable men and women to live independently throughout their advancing years.
<b>Duties:</b>	Assistant Gardener - work in the greenhouse; maintain grounds, weeding, watering, mowing, etc. Maintenance Worker - custodial tasks, cleaning, painting, minor plumbing and electrical. Program Aide - help with day-to-day activities: games, exercises, sing-a-longs, baking, crafts, and mealtimes. Assist in outlining and detailing monthly activity/meal calendars for clients.
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	Mornings and afternoons
<b>Age Required:</b>	14 and up

### Respite Volunteers of Heritage Christian Home Inc.

<b>Address:</b>	349 W. Commercial Street Suite 2795 East Rochester, NY 14445
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 340-2016
<b>Contact:</b>	Kim Kennedy
<b>URL:</b>	<a href="http://www.heritagechristianservices.org">www.heritagechristianservices.org</a>
<b>Mission:</b>	To provide: A living and working environment that reflects the love of Christ in action. Support and respect for each individual's gifts, strengths and needs. Opportunity to mature, to learn and to grow. A life of dignity, worth and respect to which all are entitled as God's created children. This is their rightful <b>heritage</b> .
<b>Duties:</b>	Assistant gardener – work in the greenhouse, maintain grounds, weeding, watering, mowing, etc. Maintenance Worker – custodial tasks, cleaning, painting, minor plumbing, and electrical. Program Aide – help with day-to-day activities: games, exercises, sing-a-longs, baking, crafts, and mealtimes. Assist in outlining and detailing monthly activity/meal calendars for clients; and special events throughout the year. **Volunteering positions also available at: The Heritage Christian Stables (1103 Salt Road, Webster) for those with 3 years experience with horses. A Second Thought Resale Shop (349 West Commercial Street, East Rochester) assisting store operations. Pieters Family Life Center (1025 Commons Way, Rochester) help in café, fitness rooms, and super Saturdays. TEEN A.T.T.I.T.U.D.E. (1025 Commons Way, Rochester) becoming a mentor.
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	Mornings & afternoons
<b>Age Required:</b>	14+

### Rochester Police Department - Animal Services

<b>Address:</b>	184 Verona St Rochester, NY 14609
<b>Access:</b>	On Bus Line
<b>Phone:</b>	585-428-7496
<b>Contact:</b>	Anne Powless
<b>URL:</b>	<a href="http://www.rochsteranimalservices.com">www.rochsteranimalservices.com</a>

<b>Mission:</b>	Crime reduction, service, and professionalism.
<b>Duties:</b>	Volunteers can choose between walking dogs, bathing dogs and cats, cleaning cages, doing laundry, etc..
<b>Days/Hours:</b>	11 am – 4 pm Monday-Friday and 12 noon – 3:30 pm Saturday - Sundays
<b>Age Required:</b>	12-15 yr olds must be accompanied by an adult
<b>Additional Information:</b>	Must complete an application and attend orientation. Must volunteer minimum of 8 hours/month; minimum 6 months

### Rochester Children's Nursery

<b>Address:</b>	941 South Avenue Rochester, NY 14620
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 473-2858
<b>Contact:</b>	Grace Wetzel
<b>URL:</b>	<a href="http://www.rcn4kids.org">www.rcn4kids.org</a>
<b>Mission:</b>	RCN is a not-for-profit agency dedicated to advancing the quality of early education and care in Western New York, through leadership, advocacy, and innovative direct services to children.
<b>Duties:</b>	Reading with kids, playing games, one-on-one help, etc.
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	6:30 am - 5:30 pm
<b>Age Required:</b>	16+

### Rochester Eye & Human Parts Bank

<b>Address:</b>	524 White Spruce Boulevard Rochester, NY 14623
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 272-7890
<b>Contact:</b>	Karen Guarino
<b>URL:</b>	<a href="http://www.rehpb.org">http://www.rehpb.org</a>
<b>Mission:</b>	Giving others a brighter tomorrow through recovery and placement of eyes, organs & tissues.
<b>Duties:</b>	Clerical work -filing, help with bulk mailings, organize agency materials and brochures; prepare materials for health fairs, and some data entry. Community Education - assisting with public education programs on organ and tissue donation; help with health fair planning, organizing and volunteer coordination and set-up and staff area health fairs.
<b>Days Needed:</b>	Everyday
<b>Hours Needed:</b>	Mornings, afternoons & evening work available
<b>Age Required:</b>	14+

### Rochester General Hospital

<b>Address:</b>	1425 Portland Avenue Rochester, NY 14621
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 922-4327
<b>Contact:</b>	Eva Polito
<b>Mission:</b>	Our organization is committed to improving the health of the people and communities we serve by providing high-quality care and exceptional service with compassion.
<b>Duties:</b>	Family liaisons, archives, medical library, pastoral care, patient discharge, visitor services, cancer center, info desk, therapeutic humor program, & health insurance info counseling assistance program (HIICAP). There are also summer volunteer opportunities for students available (3 week session/ 4 hours per day).
<b>Days/Hours</b>	Day, evening and weekends. RGH can work with your schedule
<b>Age Required:</b>	14+

### Rochester Museum and Science Center

<b>Address:</b>	657 East Avenue Rochester, NY 14603
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 697-1971 ext 330
<b>Contact:</b>	Jackie Rohr
<b>URL:</b>	www.rmasc.org
<b>Mission:</b>	The Rochester Museum & Science Center stimulates broad community interest and understanding of science and technology, and their impact—past, present, future—on our lives.
<b>Duties:</b>	Varied call for more details
<b>Days Needed:</b>	Monday - Sunday
<b>Hours Needed:</b>	Weekdays 9:00 am - 4:00 pm; Sundays 11 am – 5 pm
<b>Age Required:</b>	13+

### Rochester Philharmonic Orchestra

<b>Address:</b>	108 East Avenue Rochester, NY 14604
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 454-2620 ext. 243
<b>Contact:</b>	Marilyn Merrigan
<b>URL:</b>	www.rpo.org
<b>Mission:</b>	To enrich and inspire the Greater Rochester community through the art of music using a high standard of artistic excellence, unique tradition of musical versatility and deep commitment to education and community engagement.
<b>Duties:</b>	Youth ushers and coat check
<b>Days Needed:</b>	During the fall
<b>Hours Needed:</b>	Nights and weekends
<b>Age Required:</b>	14+

### Rochester Presbyterian Home

<b>Address:</b>	257 Thurston Road Rochester, NY 14619
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 235-9100
<b>Contact:</b>	Ms. Marti Balta
<b>URL:</b>	http://www.rpo.org
<b>Mission:</b>	To provide a supportive and caring environment designed to promote the maximum life for all residents. Dementia care level provided.
<b>Duties:</b>	Assist activity leader with programs such as bowling, crafts, trips, sing-a-longs and visiting one on one. Learn to be interactive with elders.
<b>Days/Hours:</b>	Late mornings 10AM - 11:30AM Except Sundays , afternoons 1:00PM - 4:30PM Everyday & some evenings 6:00PM - 7:30PM Everyday
<b>Age Required:</b>	13+

### Rochester Teen Court

<b>Address:</b>	Rochester City Court, Hall of Justice, Room #6 Rochester, NY 14614
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 428-4266
<b>Contact:</b>	Val Tisdale
<b>Mission:</b>	To educate youth about the judicial process, promote accountability for actions, and reinforce responsibility through community service and educational sentencing.
<b>Duties:</b>	Teens are trained to prosecute and defend real court cases in The Rochester Teen Court. In addition, training is provided for jurors, court clerks, and interpreters.

**Days Needed:** Second Monday of each month  
**Hours Needed:** Afternoons and evenings  
**Age Required:** 16 - 18 and must be a City of Rochester resident

### Society for the Protection & Care of Children (SPCC)

**Address:** 148 S. Fitzhugh Street  
Rochester, NY 14608

**Access:** On Bus Line

**Phone:** (585) 325-6101

**Contact:** Karen Bolton

**URL:** <http://www.spcc-roch.org>

**Mission:** SPCC cultivates a strong, healthy and thriving community by providing exceptional services to children and families.

**Duties:** After school programs, administrative/clerical duties, fundraising, helping supervise visitation and exchange program (weekends), etc.

**Days/Hours:** 8:30-4:30 Monday-Friday. Weekend hours available with the supervised visitation and exchange program

**Age Required:** 18+

### St. Andrew's Area Food Cupboard

**Address:** 890 Portland Avenue  
Rochester, NY 14621

**Access:** On Bus Line

**Phone:** (585) 338-1764

**Contact:** Margaret Oberst

**Mission:** We provide canned food packages to families experiencing a food emergency in portions of 14621 area.

**Duties:** Prepare food packages for families and organize/ restock the shelves as needed.

**Days Needed:** Tuesday - Friday

**Hours Needed:** 9:30 am - 11:30 am

**Age Required:** Any age

### St. Ann's Community

**Address:** 1500 Portland Avenue  
Rochester, NY 14621

**Additional Address:** 900 Cherry Rich Blvd

**Access:** On Bus Line

**Phone:** (585)697-6523 (Portland Av) (585)697-6727 (Cherry Rich Blvd)

**Contact:** Barbara Joyce (Portland Av) Kate Zimmer (Cherry Rich Blvd)

**URL:** <http://www.stannscommunity.com>

**Mission:** St. Ann's community promotes the highest level of independence in physical and spiritual well being of older adults in the spirit of excellence in care and services.

**Duties:** Escort residents to recreation programs. Assist with various special events programs

**Days Needed:** Weekdays and weekends

**Hours Needed:** Flexible

**Age Required:** 14+ Must have a work permit

### St. John's Nursing Home

**Address:** 150 Highland Avenue  
Rochester, NY 14620

**Access:** On Bus Line, Handicapped Accessible

**Phone:** (585) 760-1293

**Contact:** Lori Lorraine/Volunteer Supervisor

**URL:** [www.stjohnshome.com](http://www.stjohnshome.com)

<b>Mission:</b>	St. John's nurtures life with vibrant, caring and life-affirming relationships
<b>Duties:</b>	Maintain library, gift, and ice cream shops; provide companionship through one-on-one visiting with elders, and game playing.
<b>Days Needed:</b>	Everyday
<b>Hours Needed:</b>	2-4 pm ice cream shop; various hours for other duties
<b>Age Required:</b>	14+

### St. Joseph's Villa of Rochester

<b>Address:</b>	3300 Dewey Avenue Rochester, NY 14616
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 865-1550, ext.206
<b>Contact:</b>	Susan Grieco
<b>URL:</b>	<a href="http://www.stjosephsvilla.org">http://www.stjosephsvilla.org</a>
<b>Mission:</b>	Helps youth, families, and the community by providing the highest quality mental health and supportive services. Relationships based on caring, respect and hope are the foundation of our efforts.
<b>Duties:</b>	Mentoring, tutoring or clerical work
<b>Days Needed:</b>	Monday - Friday (flexible)
<b>Hours Needed:</b>	Vary, depending on position
<b>Age Required:</b>	<b>21 and over for confidentiality reasons</b>

### Susan B. Anthony House

<b>Address:</b>	17 Madison Street Rochester, NY 14608
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 235-6124 ext. 16
<b>Contact:</b>	Sue Gassney
<b>URL:</b>	<a href="http://www.susanbanthonyhouse.org">www.susanbanthonyhouse.org</a>
<b>Mission:</b>	The Susan B. Anthony House shares the story of Susan B. Anthony's lifelong struggle to gain voting rights for women and equal rights for all. We keep her vision alive and relevant by preserving and sharing Anthony's National Historic Landmark home; collecting artifacts and research materials directly related to her life and work; and making these resources available to the public through tours, publications, the internet and interpretive programs.
<b>Duties:</b>	Tour guides, museum shop attendants and receptionists.
<b>Days Needed:</b>	Wednesday - Sunday
<b>Hours Needed:</b>	11 am – 5 pm (3 hour shifts)
<b>Age Required:</b>	Need to have transportation

### The Arc of Monroe County

<b>Address:</b>	1000 Elmwood Avenue Rochester, NY 14620
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 271-2229
<b>Contact:</b>	Maggie Howard
<b>URL:</b>	<a href="http://www.arcmonroe.org">www.arcmonroe.org</a>
<b>Mission:</b>	Serve adult residents of Monroe County with intellectual and/or other developmental disabilities; providing the highest quality of service possible to meet their individual needs. The Arc of Monroe County is committed to enhancing the quality of life in the family, in the planning for services with the individual and encouraging integration within the community.
<b>Duties:</b>	Accompanying persons on outings, recreation game playing, arts and craft, light personal care (fingernail painting etc), cooking, reading, computer tutoring, literacy tutors**, math tutors, singing, teaching instruments, gardening, clerical work, etc. The Arc of Monroe County will try to match up volunteer skills with various areas offered.
<b>Days Needed:</b>	Everyday
<b>Hours Needed:</b>	9:00 am – 9:00 pm

**Age Required:** Any age, if under 18 preferred to be accompanied by an adult

### The Center For Dispute Settlement, Inc.

**Address:** Reynolds Arcade Building  
17 E. Main St. Suite 800  
Rochester, NY 14614

**Access:** On Bus Line

**Phone:** (585) 546-5110

**Contact:** Dr. Tiamesha Walker

**Mission:** To use and promote dispute resolution process throughout our community.

**Duties:** Performing clerical and data entry duties for administration, Monroe County mediation programs and training department.

**Days Needed:** Monday - Friday

**Hours Needed:** 9:00 am - 5:00 pm

**Age Required:** 16 and up

### The Center For Youth Services, Inc.

**Address:** 905 Monroe Avenue  
Rochester, NY 14620

**Access:** On Bus Line

**Phone:** (585) 473-2464 ext 112

**Contact:** Kathy Cummins

**URL:** <http://www.centerforyouth.net/>

**Mission:** The Center for Youth is the best organization to turn to for young people seeking to deal with, explore, or understand issues of importance to them - from their perspective, and on their terms. Started by kids, for kids, all Center services - from counseling, to shelter, to education, to referrals - are rooted in, and delivered with the knowledge that youth want to, and can, take responsibility for their life choices.

**Duties:** Clerical, clothing drives in the community, etc.

**Days Needed:** Call to make appointment, days and hours can be arranged.

**Hours Needed:** See above

**Age Required:** 12+

### The Friendly Home

**Address:** 3156 East Avenue  
Rochester, NY 14610

**Access:** On Bus Line

**Phone:** (585) 381-1600

**Contact:** Linda Morrow

**URL:** [www.friendlyhome.org](http://www.friendlyhome.org)

**Mission:** The Friendly Home is committed to meeting the changing needs of older adults by providing nursing care, rehabilitation, and services that enhance quality of life and promote dignity, individuality, and the highest level of independence.

**Duties:** Visiting with members, gift shop and café, recreation activities support, and clerical/office support.

**Days Needed:** Everyday

**Hours Needed:** No earlier than 10:00 am – hours and shifts vary

**Age Required:** 14+

### The Hurlbut

**Address:** 1177 E. Henrietta Road  
Rochester, NY 14623

**Access:** On Bus Line

**Phone:** (585) 424-4770

**Contact:** Brenda Lyons

**URL:** <http://www.thehurlbut.com>

<b>Mission:</b>	To obtain/maintain each resident's highest practicable level of psychosocial and physical functioning.
<b>Duties:</b>	Transporting to/from recreation activities and church services, assist with one on one visits, arts & crafts, gardening, bingo games.
<b>Days/Hours:</b>	Weekends especially Sundays 9:30 am – 1:00 pm and 1:30 pm – 4:00 pm. Weekdays 8:30 am-5:00 pm. And Thursday evenings 6:30 pm-8:30 pm
<b>Age Required:</b>	21+ must be up to date on all shots, have a PPD and attend orientation.
<b>Other Information</b>	Fluent Spanish speaking skills or sign language skills are a great asset! Also a need for CPR certified volunteers to assist elderly with community out-and-about. Volunteers must be familiar with the senior population and Alzheimer's/Dementia diseases.

### The Salvation Army

<b>Address:</b>	70 Liberty Pole Way Rochester, NY 14604
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 987-9500 ext 2309
<b>Contact:</b>	Rosemary Davis
<b>URL:</b>	<a href="http://www.rochestersalvationarmy.org">http://www.rochestersalvationarmy.org</a>
<b>Mission:</b>	The Salvation Army, an international movement, is an evangelical part of the universal Christian church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.
<b>Duties:</b>	Maintenance, receptionist, college internships, landscaping, food services. Seasonal opportunities: Christmas adopt a family, angel tree, banquet in a box, bell ringing red kettle campaign, holiday dinners, toy shop.
<b>Days/Hours</b>	Weekdays 9:00 am-5:00 pm; weekends by appointment
<b>Age Required:</b>	18+

### Together Including Every Student (TIES)

<b>Address:</b>	600 Hosta Circle Rochester, NY 14580
<b>Phone:</b>	(585) 671-8071
<b>Contact:</b>	Kathy Costello
<b>Mission:</b>	Together Including Every Student (TIES) promotes the participation of students with developmental disabilities in extracurricular and community activities by creating effective, natural support provided by trained student volunteers.
<b>Duties:</b>	Provide support for individuals with developmental disabilities through activities such as cooking classes, drumming circles, etc.
<b>Days Needed:</b>	Monday - Saturday
<b>Hours Needed:</b>	9:00 am – 8:00 pm scheduling is flexible
<b>Age Required:</b>	8 <sup>th</sup> grade +

### Twelve Corners Day Care Center

<b>Address:</b>	Early Childhood Program 155 Canal View Boulevard Rochester, NY 14623
	School Aged Program 2131 Elmwood Av Rochester, NY 14618
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 272-0880 Early Childhood (585)271-6830 School Aged Program
<b>Contact:</b>	Darlene Smythe, Early Childhood Program Missy Arena, School Aged Program
<b>Mission:</b>	To provide families with quality child care. We promote a safe, nurturing environment for young children to develop a positive self image and to grow through a variety of social, emotional, physical and intellectual

experiences. At Twelve Corners Day Care your child's happiness and well being along with your peace of mind are our top priority.

**Duties:** Assist children with daily activities.

**Days Needed:** Monday - Friday

**Hours Needed:** 6:30 am – 6:00 pm

**Age Required:** 18+

## Unity Health System

**Address:** 1555 Long Pond Road  
Rochester, NY 14626

**Access:** On Bus Line, Handicapped Accessible

**Phone:** (585) 723-7100

**Contact:** Marianne Coleman

**Mission:** To provide the highest level of quality medical care to all members of our community, especially those who are underserved and most vulnerable. The health services will be accessible, affordable, and holistic: integrating spirit, mind and body.

**Duties:** Clerical, patient discharge, transportation, greeting people, maintenance, etc.

**Days/Hours:** Open 24/7 call to make an appointment

**Age Required:** 14+

## Veterans Outreach Center, Inc.

**Address:** 459 South Avenue  
Rochester, NY 14620

**Access:** On Bus Line, Handicapped Accessible

**Phone:** (585) 546-1081

**Contact:** Ellen Warren

**URL:** <http://www.veteransoutreachcenter.org>

**Mission:** As the nation's perennial leader in reaching out to veterans and their families, Veterans Outreach Center provides a collaborative approach to treating the "whole" veteran, enabling them to receive the breadth of services needed to restore their mental, physical, emotional and economic well being and to reunite with themselves, their family and community to resume productive lives.

**Duties:** Community technology lab instructors, clerical, and fundraising events.

**Days Needed:** Monday - Friday

**Hours Needed:** 8:30 am – 5:00 pm

**Age Required:** none

## Visiting Nurse Service of Rochester and Monroe County, Inc.

**Address:** 2180 Empire Boulevard  
Webster, NY 14580

**Access:** On Bus Line

**Phone:** (585) 787-2233 ext 8326

**Contact:** Volunteer Services

**URL:** <http://www.vnsnet.com/>

**Mission:** To provide compassionate care and services to preserve quality of life and independence.

**Duties:** Meals on Wheels server/driver, Hospice, clerical assistance, Meal on Wheels adopt-a-route, seasonal substitute.

**Days Needed:** Monday-Friday

**Hours Needed:** 10:30 am - 1:30 pm

**Age Required:** 18+ unless accompanied by an adult.

## Volunteers of America

**Address:** 214 Lake Avenue  
Rochester, NY 14608

**Access:** On Bus Line, Handicapped Accessible

<b>Phone:</b>	(585) 546-1081
<b>Contact:</b>	Ellen Warren
<b>URL:</b>	<a href="http://www.voawny.org">http://www.voawny.org</a>
<b>Mission:</b>	To enable people in our community to break the cycle of poverty and reach their full potential.
<b>Duties:</b>	Various options available please see website.
<b>Days Needed:</b>	Monday-Friday some nights and weekends may be available.
<b>Hours Needed:</b>	9:00 am – 5:00 pm
<b>Age Required:</b>	Volunteers in stores must be 16+; all other programs 18+

### Webster Parks and Recreation

<b>Address:</b>	985 Ebner Drive Webster, NY 14580
<b>Phone:</b>	(585) 872-7103
<b>Contact:</b>	Jane Laskey
<b>URL:</b>	<a href="http://www.websterparksandrecreation.org">www.websterparksandrecreation.org</a>
<b>Mission:</b>	Dedicated to offering residents broad based leisure opportunities, a balanced system of parklands, preservation of spaces and the enhancement of environmental and cultural qualities that will foster the growth of healthy lifestyles.
<b>Duties:</b>	Assisting with youth and senior activities.
<b>Days/Hours:</b>	Monday-Thursday 8:30 am -9:00 pm; Friday-Saturday 8:30 am-5:00 pm
<b>Age Required:</b>	Depends on activity.

### Wedgewood Nursing Home

<b>Address:</b>	5 Church Street Spencerport, NY 14559
<b>Access:</b>	On Bus Line, Handicapped Accessible
<b>Phone:</b>	(585) 352-4810
<b>Contact:</b>	Cindy Crandall
<b>Mission:</b>	29 bed skilled nursing facility offers both traditional long term care and short term stays in a caring, respectful environment.
<b>Duties:</b>	Assist residents with activities, one-to-one conversations, card games, etc.
<b>Days/Hours:</b>	Monday-Friday 10:00 am-12:00 noon, 1:00-8:00 pm; Weekends 10:00 am – 5:00 pm
<b>Age Required:</b>	14+ unless accompanied by an adult.

### Westside Health Services

<b>Address:</b>	322 Lake Ave Rochester, NY 14611
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 672-1752
<b>Contact:</b>	Carolyn Whitt
<b>URL:</b>	<a href="http://www.westsidehealth.net">http://www.westsidehealth.net</a>
<b>Mission:</b>	To provide our community operations a complete, high quality system of preventive, educational and primary health care with equal access and dignity.
<b>Duties:</b>	General Office Assistant- typing, answering phones, medical records filing, data entry.
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	8:00 am - 5:00 pm
<b>Age Required:</b>	16+

### YMCA of Greater Rochester

<b>Address:</b>	444 East Main Street Rochester, NY 14604
<b>Access:</b>	On Bus Line, Handicapped Accessible

<b>Phone:</b>	(585) 546-5500
<b>Contact:</b>	Melissa Nowicki
<b>URL:</b>	<a href="http://www.rochesterymca.org">http://www.rochesterymca.org</a>
<b>Mission:</b>	The YMCA of Greater Rochester is a charitable association of members that seeks to place Christian principles into practice through programs for the community to build a healthy spirit, mind, and body for all.
<b>Duties:</b>	Child care, Teen City and Membership desk.
<b>Days Needed:</b>	Monday - Friday
<b>Hours Needed:</b>	6:00 am - 6:00 pm childcare; hours vary for other duties.
<b>Age Required:</b>	16+

## YWCA

<b>Address:</b>	175 North Clinton Avenue Rochester, NY 14604
<b>Access:</b>	On Bus Line
<b>Phone:</b>	(585) 546-5820
<b>Contact:</b>	Peggy Fortune
<b>Mission:</b>	The place for women at a crisis or turning point in their lives to move beyond the challenges of unemployment, drug or alcohol addiction, homelessness, and teenage motherhood.
<b>Duties:</b>	Spend time with residents jewelry making, arts & crafts, etc; collect personal care items, ink cartridges, cell phones and baby items for young mothers, etc.
<b>Days Needed:</b>	Contact agency
<b>Age Required:</b>	15+